2016 February

• CLINIQUE MINOWÉ SERVICES TO PREGNANT WOMEN, YOUTH 0-18 YEARS OLD AND THEIR FAMILIES, CHRONIC DISEASE PREVENTION, PSYCHOSOCIAL INTERVENTION)

The Centre provides easy access to the pool:

- Monthly free activity for families
- Transport provided to go back home (if needed) Melanie # 255
- Bathing caps can be provided (if needed)
- Child Safety:
- Parent's presence is mandatory for children under 10 (Rendez-vous at 18:15pm at the pool)
- Parent's can be out of water (Seats available) or in the water (required for children 6 years old and -)
- Parents are responsible of their children at all times

ATCH FOR DETAILED	
PROGRAMMING	
www.caavd.ca	

Monday Ockikicikan	Tuesday Nicokacik 8 akan	Wednesday Apita8ise	Thursday Niokacik8akan	Friday Tcipaiatikokicikan/	Saturday Manikicikan	Sunday Manatcilakani8an
1	2 1pm AFTERNOON COMMUNITY - SEWING WITH ARTS AND CRAFTS For all (Basement Community Hall) • (Pascale-Josee #306, Melanie #255) 3pm PARENT AND BABY (0-2 YRS OLD) SWIMMING POOL COMPLEXE SPORTIF ORIEL-RIOPEL (Cégep 675, 1re Avenue) • Reserve your place (Josianne #235)	3 1:30pm COMMUNITY HALL OPENING For all (Basement Community Hall) • Continue your project (arts and crafts, sewing) Pascale-Josee #306 2pm PRENATAL COURSES Pregnant women and couples (Polson Hall) • Confirm with Josianne #235	4	5 6:30pm FAMILY POOL (Polyvalente)	611:00am OGIMACECIK READING CLUB For families of children 0-12 years (3rd floor) • Valentine's special • Confirm with Emilie # 228 (transportation provided if needed)	7
7pm FRENCH CONFERENCE WITH SAMIAN For all (Salle d'exposition at the Centre culturel) Transportation from the Centre at 6:30 pm Reserve your place (Pascale-Josee #306, Eliane #299)	8:30am to 3:30p COMMUNITY DAY -SENNETERRE OUTING DO&DEI&IN and community (Chalet) Lunch:* Meal soup and bannock * Plan a snack and a drink 10 to 11:30am PARENT AND CHILD WORKSHOP 0-2 YRS OLD (Polson hall) • Josianne #235 6 to 9pm COMMUNITY EVENING - INTERGENERATIONAL ARTS AND CRAFT WORKSHOP «TABINE KACKITOWIN« For all (Community basement hall) • Moccasin and Mitts (Pascale-Josee #306, Eliane #299)	10 1pm AFTERNOON COMMUNITY - VALENTINE SPECIAL BINGO For all (Cafeteria and Basement Community Hall)  • (Pascale-Josee #306, Melanie #255)  • Fallowed with the opening of the Community Hall (Basement)  2pm PRENATAL COURSES  Pregnant women and couples (Polson Hall)  • Confirm with Josianne #235	6:00 to 7:30pm VALENTINE SUPPER FALLOWED WITH THE SEXE FEUD (FRENCH VERSION)!  Welcome to all (Cafeteria) Take note:  • This event includes topics unsuitable for children  • That you will be participating in the game or will be spectator, its up to you to choose. Fun and laughter included!  • Limited Places (Melanie # 255)	12	18	14
15	16 1pm AFTERNOON COMMUNITY - KOKOM SOUP AND GAMES For all (3rd floor kitchen and hall)  • Soup is made by members of the community, frozen and redistributed for free to people who request it (Pascale-Josee #306, Melanie #255)  3pm PARENT AND BABY (0-2 YRS OLD) SWIMMING POOL COMPLEXE SPORTIF ORIEL-RIOPEL (Cégep 675, 1re avenue)  • Reserve your place (Josianne #235)	17 1:30pm COMMUNITY HALL OPENING For all (Basement Community Hall) • Continue your project (arts and crafts, sewing) Pascale-Josee #306 2pm PRENATAL COURSES Pregnant women and couples (Polson Hall) • Confirm with Josianne #235	18 12pm UNDERGROUND KITCHEN Teens (Basement) • Cook your free lunch (Éliane #299)	19	8:30am to 4pm FAMILY COMMUNITY KITCHEN (TO BE CONFIRMED) • Reservez your place, 10\$/family (Melanie #255, Annabelle #241)	21
22	La forêt récréative de Val-d'Or (333, chemin de l'Aéro  • See the ad for details (Emilie # 228)  6 to 9pm COMMUNITY EVENING - INTERGENERATIONAL ARTS AND CRAFT WORKSHOP «TABINE KACKITOWIN»  For all (Community basement hall)  • Moccasin and Mitts (Pascale-Josee #306, Eliane #299)	<ul> <li>FAMILY CULTURAL WORKSHOPS</li> <li>Group 0-5yrs old: 10am to 12pm (Crafts) 3rd floor</li> <li>Group 6-12 yrs old: 10am to 12pm (Crafts) 3rd floor</li> <li>14+ Group: 9:30 to 4pm (Drum making \$10) 3rd floor</li> <li>Children under 12 Non-registered to the Little Wolves Club must be accompanied by a parent.</li> <li>See the ad for details (Pascal-Josee #306, Melanie # 255)</li> </ul>	9:30am to 4pm LAC SIMON FAMILY OUTING (TO BE CONFIRMED)  • Dress warmly  • Children under 12 Non-registered to the Little Wolves Club must be accompanied by a parent.  • Bus departure at 9:30am from the Centre, preturn at 4pm  • See the ad for details (Pascal-Josee #306)	26	ÉTUDIA APPORTE	NTS, ZVOTRE ZINCH ET
29	- VALENTINE WEEK to 19	ruary 15 <sup>th</sup> Oth: HOOKED SCHOOL DAYS	FEBRUARY 23RD TO 25TH: TRADITIONAL WEEK - MARCH 9am to 4pm LITTLE WOLVES CLUB: SPECIAL PRICE FOR THE 3 DAYS, 5\$ PER CHID For elementary students • Confirm your place (Emilie # 228). The Little Wolves Club Registration Form must be filled		BOÎTE A VENEZ D NOUS COMMU	ZVOTHET LUNCH ET ÎNER AVEC AU LOCAL NAUTAIRE AU NUS-SOL









819 825-8299 Pascale-Josée #306 or Melanie #255 1272, 7th Street Val-d'Or

# Febuary 2016

#### **ACTIVITY CALENDAR**

#### STILL GOING ON:

#### MADJIMAKWIN REGISTRATION

• Develop a plan of life (school, work, skills ...)

For more information, please contact Roxanne at 825-8299 # 325

EARLY CHILDHOOD AND FAMILY SERVICES 0-5 YRS OLD **REGISTRATION GROUPS** 

- Socialization and Early Stimulation Groups For more information, please contact Annabelle #241 HOMEWORK SUPPORT KABADU - SECONDARY REGIS-**TRATION**
- Transport offered to return home (Pascal-Josee #306)

For more information, please contact Pascal-Josee

INTERGENERATIONAL ARTS AND CRAFT WORKSHOP **«TABINE KACKITOWIN"** 

• 30\$ for the material

For more information, please contact Pascal-Josee 306

Tuesday, February 2nd 1pm AFTERNOON COMMUNITY - SEWING WITH ARTS AND CRAFTS

For all (Basement Community Hall)

• (Pascale-Josee #306, Melanie #255)

3pm PARENT AND BABY (0-2 YRS OLD) SWIMMING POOL

COMPLEXE SPORTIF ORIEL-RIOPEL (Cégep 675, 1re av-

• Reserve your place (Josianne #235)

Wednesday, February 3rd

1:30pm COMMUNITY HALL OPENING

For all (Basement Community Hall)

 Continue your project (arts and crafts, sewing...) Pascale-Josee #306

2pm PRENATAL COURSES

Pregnant women and couples (Polson Hall)

Confirm with Josianne #235

Friday, February 5th

6:30pm FAMILY POOL (Polyvalente)

The Centre provides easy access to the pool:

- Monthly free activity for families
- Transport provided to go back home (if needed) Melanie # 255
- Bathing caps can be provided (if needed) Child Safety:
- Parent's presence is mandatory for children under 10 (Rendez-vous at 18:15pm at the pool)

- the water (required for children 6 years old and -)
- Parents are responsible of their children at all times

Saturday, February 6th 110am OGIMACECIK READING CLUB For families of children 0-12 years (3rd floor)

- Valentine's special
- Confirm with Emilie # 228 (transportation provided if needed)

## FEBRUARY 8TH TO 12TH - VALENTINE WEEK

Monday, February 8th

7pm FRENCH CONFERENCE WITH SAMIAN

- For all (Salle d'exposition at the Centre culturel)
- Transportation from the Centre at 6:30pm
- Reserve your place (Pascale-Josee #306, Eliane #299)

Tuesday, February 9th

8:30am to 3:30p COMMUNITY DAY -SENNETERRE OUT-

DO8DEI8IN and community (Chalet)

- Visit of the Senneterre group
- Arts and crafts (Dream catcher clock)

Lunch: \* Meal soup and bannock

- \* Plan a snack and a drink
- Limited places, confirm with Pascale-Josee #306, Melanie #255

10 to 11:30am PARENT AND CHILD WORKSHOP 0-2 YRS OLD

(Polson hall)

• Josianne #235

6 to 9pm COMMUNITY EVENING – INTERGENERATIONAL ARTS AND CRAFT WORKSHOP «TABINE KACKITOWIN" For all (Community basement hall)

Moccasin and Mitts (Pascale-Josee #306, Eliane

Wednesday, February 10th

1pm AFTERNOON COMMUNITY - VALENTINE SPECIAL For elementary students BINGO

For all (Cafeteria and Basement Community Hall)

- (Pascale-Josee #306, Melanie #255)
- Fallowed with the opening of the Community Hall (Basement)

### 2pm PRENATAL COURSES

Pregnant women and couples (Polson Hall)

Confirm with Josianne #235

Thursday, February 11th

6:00 to 7:30pm VALENTINE SUPPER FALLOWED WITH THE SEXE FEUD (FRENCH VERSION)!

Welcome to all (Cafeteria)

Take note:

- This event includes topics unsuitable for children
- That you will be participating in the game or will be

• Parent's can be out of water (Seats available) or in spectator, its up to you to choose. Fun and laughter • Bus departure at 12:30pm from the Centre, return at included!

• Limited Places (Melanie # 255)

February 15th to 19th: HOOKED ON SCHOOL DAYS

Mardi. 16 février

1pm AFTERNOON COMMUNITY - KOKOM SOUP AND **GAMES** 

For all (3rd floor kitchen and hall)

 Soup is made by members of the community, frozen and redistributed for free to people who request it (Pascale-Josee #306, Melanie #255)

3pm PARENT AND BABY (0-2 YRS OLD) SWIMMING POOL

COMPLEXE SPORTIF ORIEL-RIOPEL (Cégep 675, 1re av- • Children under 12 Non-registered to the Little Wolves enue)

Reserve your place (Josianne #235)

Wednesday, February 17th 1:30pm COMMUNITY HALL OPENING

For all (Basement Community Hall)

 Continue your project (arts and crafts, sewing...) Pascale-Josee #306

2pm PRENATAL COURSES

Pregnant women and couples (Polson Hall)

• Confirm with Josianne #235

Thursday, February 18th

12pm UNDERGROUND KITCHEN

Teens (Basement) Cook your free lunch (Éliane #299)

Saturday, February 20th

8:30am to 4pm FAMILY COMMUNITY KITCHEN (TO BE • MINOWÉ CLINIC (PREGNANT WOMEN, 0-18 YEARS CONFIRMED)

 Reservez your place, 10\$/family (Melanie #255, Annabelle #241)

FEBRUARY 23RD TO 25TH: TRADITIONAL WEEK - MARCH

9am to 4pm LITTLE WOLVES CLUB: SPECIAL PRICE FOR THE 3 DAYS, 5\$ PER CHID

 Confirm your place (Emilie # 228). The Little Wolves Club Registration Form must be filled out

Tuesday, February 23rd

1pm IN THE WOODS FAMILY DA

La forêt récréative de Val-d'Or (333, chemin de l'Aéroport)

**Activities:** 

- Skating (some kids skates available)
- Snowshoes (equipment available)
- Cross country skiing and skate skiing (equipment available)

## Note:

- Dress warmly
- Children under 12 Non-registered to the Little Wolves Club must be accompanied by a parent.
- Skating shoes must be in a bag (required for the bus)

- See the ad for details (Emilie # 228)

6 to 9pm COMMUNITY EVENING – INTERGENERATIONAL ARTS AND CRAFT WORKSHOP «TABINE KACKITOWIN" For all (Community basement hall)

• Moccasin and Mitts (Pascale-Josee #306, Eliane #299)

Wednesday, February 24th

**FAMILY CULTURAL WORKSHOPS** 

- Group 0-5yrs old: 10am to 12pm (Crafts) 3rd floor
- Group 6-12 yrs old: 10am to 12pm (Crafts) 3rd floor
- 14+ Group: 9:30 to 4pm (Drum making \$10) 3rd floor
- Club must be accompanied by a parent.
- See the ad for details (Pascal-Josee #306, Melanie # 255)

Thursday, February 25th

9:30am to 4pm LAC SIMON FAMILY OUTING(TO BE CONFIRMED)

- Dress warmly
- Children under 12 Non-registered to the Little Wolves Club must be accompanied by a parent.
- Bus departure at 9:30am from the Centre, return at 4pm
- See the ad for details (Pascal-Josee #306)

In 2 bubbles:

- STUDENTS, BRING YOUR LUNCH AND HAVE LUNCH WITH US TO THE BASEMENT COMMUNITY HALL
- OLD AND THEIR FAMILIES, CHRONIC DISEASE PRE-VENTION, PSYCHOSOCIAL INTERVENTION SERVICES)

Coming in March:

- THE ELIMINATION OF RACIAL DISCRIMINATION WEEK
- • World Women's Day